



# ESP MIXED SOY PROTEIN ISOLATE POWDER WITH VANILLA FLAVOUR (SACHET)

Convenient, easy-to-serve and on-the-go protein drink anytime, anywhere!

It's as simple as 1,2,3!  
Just tear, pour and drink!  
Staying healthy and energetic is now easier with ESP Soy Protein Sachet that is rich in protein and calcium. A convenient, easy-to-carry soy protein drink in a sachet, that fits into your pocket or purse that you can enjoy anytime, anywhere! Great for working adults with fast paced lifestyle, frequent travellers, teens, and even the elderly.

#11034 | 10 sachets / 10 servings  
Suggested use: Take 1 sachet and mix with 1 glass of milk, juice, water, or your favourite beverage and mix well.  
Optional: Add fruits and blend.



## THE SHAKLEE DIFFERENCE

- Convenient individual sachets for immediate consumption anytime, anywhere.
- Shaklee uses Non-genetically modified (Non-GMO) soy protein produced under Identity Preservation Program (IPP).
- Each serving provides 14grams of Low Glycemic Index plant-based protein. Soy protein helps reduce cholesterol.\*
- Has PDCAAS (Protein Digestibility Corrected Amino Acid Score) score of 1.0- the highest rating possible and equal to that given animal proteins.
- Provides 9 essential amino acids.
- Rich in calcium which aids in the development of strong bones and teeth.

Note: Amount of soy protein recommended to give the lowering effect on the blood cholesterol is 25g per day.

## DID YOU KNOW?



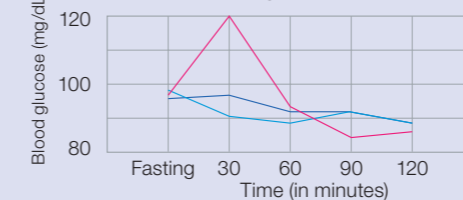
Dr. Forrest C. Shaklee invented the first soy protein isolate formula in 1961.



## Nutritional Facts

Ingredients	Per Serving Mix Alone	Per 100 g
Energy	110 Kcal	387 Kcal
Carbohydrate	10.0 g	35.2 g
Protein	14.0 g	49.3 g
Soy Protein	14.0 g	49.3 g
Fat	1.0 g	3.5 g
Monounsaturated Fatty Acid	0.1 g	0.4 g
Polyunsaturated Fatty Acid	0.5 g	1.8 g
Saturated Fatty Acid	0.2 g	0.7 g
Trans Fatty Acid	0.0 g	0.0 g
Cholesterol	0.0 mg	0.0 mg
Sodium	170.0 mg	598.6 mg
Calcium	500.0 mg	1760.6 mg
Iron	3.0 mg	10.6 mg
Thiamin (Vitamin B <sub>1</sub> )	2.0 mg	7.0 mg
Riboflavin (Vitamin B <sub>2</sub> )	2.0 mg	7.0 mg
Niacin (Vitamin B <sub>3</sub> )	10.0 mg	35.2 mg
Pyridoxine (Vitamin B <sub>6</sub> )	0.5 mg	1.8 mg
Pantothenic Acid (Vitamin B <sub>5</sub> )	2.0 mg	7.0 mg
Phosphorus	250.0 mg	880.3 mg

## Sustains Energy Hour After Hour



Glycemic index (GI) shows the effect a food has on blood sugar. Carbohydrates that break down quickly cause your blood sugar to spike and then plummet rapidly, leaving you feeling tired, irritable, and hungry. Instant protein soy food also has a "roller coaster" response.

With low GI Soy Protein, blood sugar levels remain steady, suggesting that it helps sustain energy, provides longer satiety effect and is beneficial for weight loss and long term health.\*

\*These products are not intended to diagnose, treat, cure, or prevent any disease.